# 2013-2014 ANNUAL ASSESSMENT REPORT

# **Part 1: Background Information**

**B1. Program name:** Kinesiology – Physical Education (PETE and PACC)

**B2.** Report author(s): Craig Tacla

## **B3. Fall 2013 enrollment:** 136

*Use* the *Department Fact Book 2013* by OIR (Office of Institutional Research) to get the fall 2013 enrollment: (http://www.csus.edu/oir/Data%20Center/Department%20Fact%20Book/Departmental%20Fact%20Book.html).

**B4. Program type: [SELECT ONLY ONE]** 

X	1. Undergraduate baccalaureate major
	2. Credential
	3. Master's degree
	4. Doctorate: Ph.D./E.D.D.
	5. Other, specify:

#### Part 2: Six Questions for the 2013-2014 Annual Assessment

# Question 1 (Q1): Program Learning Outcomes (PLO) Assessed in 2013-2014.

**Q1.1.** Which of the following program learning outcomes (PLOs) or Sac State Baccalaureate Learning Goals did you assess **in 2013-2014**? (See 2013-2014 Annual Assessment Report Guidelines for more details). [CHECK ALL THAT APPLY]

	1. Critical thinking (WASC 1) *
	2. Information literacy (WASC 2)
	3. Written communication (WASC 3)
	4. Oral communication (WASC 4)
	5. Quantitative literacy (WASC 5)
X	6. Inquiry and analysis
	7. Creative thinking
	8. Reading
	9. Team work
	10. Problem solving
	11. Civic knowledge and engagement – local and global
	12. Intercultural knowledge and competency
	13. Ethical reasoning
	14. Foundations and skills for lifelong learning
	15. Global learning
	16. Integrative and applied learning
	17. Overall competencies for GE Knowledge
	18. Overall competencies in the major/discipline
	19. Others. Specify any PLOs that were <b>assessed in 2013-2014</b>
	but not included above:
	a.
	b.
	c.

<sup>\*</sup> One of the WASC's new requirements is that colleges and universities report on the level of student performance at graduation in five core areas: critical thinking, information literacy, written communication, oral communication, and quantitative literacy.

#### **Q1.1.1.** Please provide more detailed information about the PLO(s) you checked above:

Inquiry and Analysis was assessed using a research project in KINS 136. The instructor provided students with the grading rubric prior to submission. The assignments were graded using the faculty's rubric – and then assessed. The project was a Client Assessment and Exercise Program Assessment which required students to develop a profile of an individual that was over 50 years of age. For Part I, students had to perform preliminary assessments on the individual such as a physical activity readiness questionnaire, collect and perform a health history, obtain medical clearance, and perform field based assessments (i.e.-fitness/balance tests). For Part II, from these forms of inquiry student had to review the data points and set physical, behavioral, and psychological objectives. Finally, for Part III, students had to create and detailed program which addressed the individual's needs in terms of strength, endurance, flexibility, stability, balance, postural, and mobility.

**Q1.2.** Are your PLOs closely aligned with the mission of the university?

X	1. Yes
	2. No
	3. Don't know

**Q1.3.** Is your program externally accredited (except for WASC)?

X (PETE	1. Yes
only)	
	2. No (If no, go to Q1.4)
	3. Don't know ( <b>Go to Q1.4</b> )

**Q1.3.1.** If yes, are your PLOs closely aligned with the mission/goals/outcomes of the accreditation agency?

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X	1. Yes
	2. No
	3. Don't know

**Q1.4.** Have you used the *Degree Qualification Profile* (DQP)\* to develop your PLO(s)?

	1. Yes
	2. No, but I know what DQP is.
X	3. No. I don't know what DQP is.
	4. Don't know

<sup>\*</sup> **Degree Qualifications Profile (DQP)** – a framework funded by the Lumina Foundation that describes the kinds of learning and levels of performance that may be expected of students who have earned an associate, baccalaureate, or master's degree. Please see the links for more details: <a href="http://www.luminafoundation.org/publications/The\_Degree Qualifications Profile.pdf">http://www.luminafoundation.org/publications/The\_Degree Qualifications Profile.pdf</a> and <a href="http://www.learningoutcomeassessment.org/DQPNew.html">http://www.learningoutcomeassessment.org/DQPNew.html</a>.

# Question 2 (Q2): Standards of Performance/Expectations for EACH PLO.

**Q2.1.** Has the program developed/adopted **EXPLICIT** standards of performance/expectations for the PLO(s) you assessed **in 2013-2014 Academic Year**? (For example: We expect 70% of our students to achieve at least a score of 3 on the Written Communication VALUE rubric.)

	1. Yes, we have developed standards/expectations for <b>ALL</b> PLOs assessed in 2013-14.
	2. Yes, we have developed standards/expectations for <b>SOME</b> PLOs assessed in 2013-14.
	3. No (If no, go to Q2.2)
X	4. Don't know (Go to Q2.2)
	5. Not Applicable (Go to Q2.2)

Q2.1.1. If yes, what are the desired levels of learning, including the criteria and standards of performance/expectations, especially at or near graduation, for EACH PLO assessed in 2013-2014

Academic Year? (For example: what will tell you if students have achieved your expected level of performance for the learning outcome.) Please provide the rubric and/or the expectations that you have developed for EACH PLO one at a time below. [WORD LIMIT: 300 WORDS FOR EACH PLO]

## Q2.2. Have you published the PLO(s)/expectations/rubric(s) you assessed in 2013-2014?

	_
	1. Yes
X	2. No ( <b>If no, go to Q3.1</b> )

#### Q2.2.1. If yes, where were the PLOs/expectations/rubrics published? [CHECK ALL THAT APPLY]

•	1. In <b>SOME course syllabi/assignments</b> in the program that claim to
	introduce/develop/master the PLO(s)
	2. In <b>ALL course syllabi/assignments</b> in the program that claim to introduce
	/develop/master the PLO(s)
	3. In the student handbook/advising handbook
	4. In the university catalogue
	5. On the academic unit website or in the newsletters
	6. In the assessment or program review reports/plans/resources/activities
	7. In the new course proposal forms in the department/college/university
	8. In the department/college/university's strategic plans and other planning documents
	9. In the department/college/university's budget plans and other resource allocation
	documents
	10. In other places, specify:

## Question 3 (Q3): Data, Results, and Conclusions for EACH PLO

#### **Q3.1.** Was assessment data/evidence **collected** for 2013-2014?

	1. Yes
	2. No (If no, go to Part 3: Additional Information)
X	3. Don't know (Go to Part 3)
	4. Not Applicable (Go to Part 3)

## **Q3.2.** If yes, was the data **scored/evaluated** for 2013-2014?

	1. Yes
	2. No (If no, go to Part 3: Additional Information)
X	3. Don't know (Go to Part 3)
	4. Not Applicable (Go to Part 3)

Q3.3. If yes, what DATA have you collected? What are the results, findings, and CONCLUSION(s) for EACH PLO assessed in 2013-2014? In what areas are students doing well and achieving the expectations? In what areas do students need improvement? Please provide a simple and clear summary of the key data and findings, including tables and graphs if applicable for EACH PLO one at a time. [WORD LIMIT: 600 WORDS FOR EACH PLO]

**Q3.4.** Do students meet the expectations/standards of performance as determined by the program and achieved the learning outcomes? [PLEASE MAKE SURE THE PLO YOU SPECIFY HERE IS THE SAME ONE YOU CHECKED/SPECIFIED IN Q1.1].

#### Q3.4.1. First PLO: Written Communication

1. Exceed expectation/standard
2. Meet expectation/standard
3. Do not meet expectation/standard
4. No expectation/standard set
5. Don't know

# Question 4 (Q4): Evaluation of Data Quality: Reliability and Validity.

**Q4.1.** How many PLOs in total did your program assess in the 2013-2014 academic year? [\_\_1\_\_]

Q4.2. Please choose ONE ASSESSED PLO as an example to illustrate how you use direct, indirect, and/or other methods/measures to collect data. If you only assessed one PLO in 2013-14, YOU CAN SKIP this question. If you assessed MORE THAN ONE PLO, please check ONLY ONE PLO BELOW EVEN IF YOU ASSESSED MORE THAN ONE PLO IN 2013-2014.

1. Critical thinking (WASC 1) <sup>1</sup>
2. Information literacy (WASC 2)
3. Written communication (WASC 3)
4. Oral communication (WASC 4)
5. Quantitative literacy (WASC 5)
6. Inquiry and analysis
7. Creative thinking
8. Reading
9. Team work
10. Problem solving
11. Civic knowledge and engagement – local and global
12. Intercultural knowledge and competency
13. Ethical reasoning
14. Foundations and skills for lifelong learning
15. Global learning
16. Integrative and applied learning
17. Overall competencies for GE Knowledge
18. Overall competencies in the major/discipline
19. Other PLO. Specify:

#### Direct Measures

**Q4.3.** Were direct measures used to assess this PLO?

	1. Yes
	2. No ( <b>If no, go to Q4.4</b> )
X	3. Don't know ( <b>Go to Q4.4</b> )

## Q4.3.1. Which of the following DIRECT measures were used? [Check all that apply]

1. Capstone projects (including theses, senior theses), courses, or experiences
2. Key assignments from other CORE classes
3. Key assignments from other classes

4. Classroom based performance assessments such as simulations, comprehensive	
exams, critiques	
5. External performance assessments such as internships or other community based	
projects	
6. E-Portfolios	
7. Other portfolios	
8. Other measure. Specify:	

# Q4.3.2. Please provide the direct measure(s) [key assignment(s)/project(s)/portfolio(s)] that you used to collect the data. [WORD LIMIT: 300 WORDS]

# **Q4.3.2.1.** Was the direct measure(s) [key assignment(s)/project(s)/portfolio(s)] aligned directly with the rubric/criterion?

	1. Yes
	2. No
X	3. Don't know

# **Q4.3.3.** Was the direct measure (s) [key assignment(s)/project(s)/portfolio(s)] aligned directly with the PLO?

	1. Yes
	2. No
X	3. Don't know

# **Q4.3.4.** How was the evidence scored/evaluated? [Select one only]

٠.	viis w was and evidence section, evaluation, [select one only]		
		1. No rubric is used to interpret the evidence (If checked, go to Q4.3.7)	
	X	2. Use rubric developed/modified by the faculty who teaches the class	
		3. Use rubric developed/modified by a group of faculty	
		4. Use rubric pilot-tested and refined by a group of faculty	
		5. Use other means. Specify: Modified value rubric was used	

# **Q4.3.5.** What rubric/criterion was adopted to score/evaluate the above key assignments/projects/portfolio? [Select one only]

	1. The VALUE rubric(s)
	2. Modified VALUE rubric(s)
X	3. A rubric that is totally developed by local faculty
	4. Use other means. Specify:

## **Q4.3.6.** Was the rubric/criterion aligned directly with the PLO?

	1. Yes
	2. No
X	3. Don't know

**Q4.3.7.** Were the evaluators (e.g., faculty or advising board members) who reviewed student work calibrated to apply assessment criteria in the same way?

	1. Yes
X	2. No
	3. Don't know

**Q4.3.8.** Were there checks for inter-rater reliability?

	1. Yes
X	2. No
	3. Don't know

**Q4.3.9.** Were the sample sizes for the direct measure adequate?

X	1. Yes
	2. No
	3. Don't know

**Q4.3.10.** How did you select the sample of student work (papers, projects, portfolios, etc)? Please briefly specify here:

Randomly selected projects from KINS 136.

#### **Indirect Measures**

Q4.4. Were indirect measures used to assess the PLO?

	1. Yes
X	2. No ( <b>If no, go to Q4.5</b> )

**Q4.4.1.** Which of the following indirect measures were used?

1. National student surveys (e.g., NSSE, etc.)
2. University conducted student surveys (OIR surveys)
3. College/Department/program conducted student surveys
4. Alumni surveys, focus groups, or interviews
5. Employer surveys, focus groups, or interviews
6. Advisory board surveys, focus groups, or interviews
7. Others, specify:

**Q4.4.2.** If surveys were used, were the sample sizes adequate?

•		2
	1. Yes	
	2. No	
	3. Don't know	

**Q4.4.3.** If surveys were used, please briefly specify how you select your sample? What is the response rate?

#### **Other Measures**

Q4.5. Were external benchmarking data used to assess the PLO?

	1. Yes
X	2. No ( <b>If no, go to Q4.6</b> )

**Q4.5.1.** Which of the following measures was used?

ı	1. National disciplinary exams or state/professional licensure exams
	2. General knowledge and skills measures (e.g., CLA, CAAP, ETS PP, etc)

3. Other standardized knowledge and skill exams (e.g., ETS, GRE, etc)
4. Others, specify:

**Q4.6.** Were other measures used to assess the PLO?

	1. Yes
	2. No ( <b>Go to Q4.7</b> )
X	3. Don't know ( <b>Go to Q4.7</b> )

Q4	l.6.1.	If yes,	please	specify:	[]
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### **Alignment and Quality**

**Q4.7.** Please describe how you collected the data? For example, in what course(s) (or by what means) were data collected? How reliable and valid is the data? [WORD LIMIT: 300 WORDS]

**Q4.8.** How many assessment tools/methods/measures in total did you use to assess this PLO? [\_\_\_\_] **NOTE: IF IT IS ONLY ONE, GO TO Q5.1.** 

**Q4.8.1.** Did the data (including all the assignments/projects/portfolios) from all the different assessment tools/measures/methods directly align with the PLO?

	1. Yes
	2. No
X	3. Don't know

Q4.8.2. Were ALL the assessment tools/measures/methods that were used good measures for the PLO?

	1. Yes
	2. No
X	3. Don't know

## Question 5 (Q5): Use of Assessment Data.

Q5.1. To what extent have the assessment results from 2012-2013 been used for? [CHECK ALL THAT APPLY]

	Very Much (1)	Quite a Bit (2)	Some (3)	Not at all (4)	Not Applicable (9)
1. Improving specific courses		X			
2. Modifying curriculum		X			
3. Improving advising and mentoring		X			
4. Revising learning outcomes/goals		X			
5. Revising rubrics and/or expectations		X			
6. Developing/updating assessment plan				X	
7. Annual assessment reports			X		

8. Program review	X		
9. Prospective student and family information		X	
10. Alumni communication		X	
11. WASC accreditation (regional accreditation)		X	
12. Program accreditation		X	
13. External accountability reporting requirement		X	
14. Trustee/Governing Board deliberations		X	
15. Strategic planning		X	
16. Institutional benchmarking		X	
17. Academic policy development or modification		X	
18. Institutional Improvement		X	
19. Resource allocation and budgeting		X	
20. New faculty hiring		X	
21. Professional development for faculty and staff		X	
22. Other Specify:			

**Q5.1.1.** Please provide one or two best examples to show how you have used the assessment data above.

Emphasis on components of assessment in rubric.

**Q5.2.** As a result of the **assessment effort in 2013-2014** and based on the prior feedbacks from OAPA, do you anticipate making any changes for your program (e.g., course structure, course content, or modification of program learning outcomes)?

X	1. Yes
	2. No ( <b>If no, go to Q5.3</b> )
	3. Don't know ( <b>Go to Q5.3</b> )

**Q5.2.1.** What changes are anticipated? By what mechanism will the changes be implemented? How and when will you assess the impact of proposed modifications? [WORD LIMIT: 300 WORDS]

The Physical Education faculty will meet to discuss which courses should address which PLO's, which should introduce PLO's, and which should be the course where students exhibit mastery (or greatest expected improvement) in the PLO's.

**Q5.2.2.** Is there a follow-up assessment on these areas that need improvement?

X	1. Yes
	2. No
	3. Don't know

Q5.3. Many academic units have collected assessment data on aspects of a program that are not related to program learning outcomes (i.e., impacts of an advising center, etc.). If your program/academic unit has collected assessment data in this way, please briefly report your results here. [WORD LIMIT: 300 WORDS]

Question 6 (Q6). Which program learning outcome(s) do you plan to assess next year?

X	1. Critical thinking (WASC 1) <sup>1</sup>
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2. Information literacy (WASC 2)
3. Written communication (WASC 3)
4. Oral communication (WASC 4)
5. Quantitative literacy (WASC 5)
6. Inquiry and analysis
7. Creative thinking
8. Reading
9. Team work
10. Problem solving
11. Civic knowledge and engagement – local and global
12. Intercultural knowledge and competency
13. Ethical reasoning
14. Foundations and skills for lifelong learning
15. Global learning
16. Integrative and applied learning
17. Overall competencies for GE Knowledge
18. Overall competencies in the major/discipline
19. Others. Specify any PLOs that the program is going to <b>assess</b>
but not included above:
a.
b.
c.

**Part 3: Additional Information** 

**A1.** In which academic year did you **develop** the current assessment plan?

	1. Before 2007-2008
	2. 2007-2008
	3. 2008-2009
	4. 2009-2010
	5. 2010-2011
X	6. 2011-2012
	7. 2012-2013
	8. 2013-2014
	9. Have not yet <b>developed</b> a formal assessment plan

**A2.** In which academic year did you last **update** your assessment plan?

ine year ara you last apaace your assessment plan.
1. Before 2007-2008
2. 2007-2008
3. 2008-2009
4. 2009-2010
5. 2010-2011
6. 2011-2012
7. 2012-2013
8. 2013-2014
9. Have not yet <b>updated</b> the assessment plan

A3. Have you developed a curriculum map for this program?

X	1. Yes
	2. No
	3. Don't know

**A4.** Has the program indicated explicitly where the assessment **of student learning** occurs in the curriculum?

	1. Yes
	2. No
X	3. Don't know

**A5.** Does the program have any capstone class?

X	1. Yes	
	2. No	
	3. Don't know	

**A5.1.** If yes, please list the course number for each capstone class: KINS 133

**A6.** Does the program have **ANY** capstone project?

X	1. Yes	
	2. No	
	3. Don't know	

A7. Name of the academic unit: KINS PETE & PACC
A8. Department in which the academic unit is located: KINS
A9. Department Chair's Name: Steve Gray (Interim)
<b>A10.</b> Total number of annual assessment reports submitted by your academic unit for 2013-2014: I don't
know.
A11. College in which the academic unit is located:
1. Arts and Letters
2. Business Administration
3. Education
4. Engineering and Computer Science
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5. Health and Human Services 6. Natural Science and Mathematics
7. Social Sciences and Interdisciplinary Studies
8. Continuing Education (CCE)
9. Other, specify:
9. Other, specify.
A12.1. List all the name(s): [] A12.2. How many concentrations appear on the diploma for this undergraduate program? []  Master Degree Program(s): A13. Number of Master's degree programs the academic unit has: [] A13.1. List all the name(s): [] A13.2. How many concentrations appear on the diploma for this master program? []
Credential Program(s): A14. Number of credential degree programs the academic unit has: [] A14.1. List all the names: []
Doctorate Program(s) A15. Number of doctorate degree programs the academic unit has: [] A15.1. List the name(s): []
A16. Would this assessment report apply to other program(s) and/or diploma concentration(s) in your academic unit*?  1. Yes  2. No  *If the assessment conducted for this program (including the PLO(s), the criteria and standards of performance/expectations you established, the data you collected and analyzed, the conclusions of the assessment in the same as the assessment conducted for other programs within the academic unit, you only need to submit one assessment report.

16.1. If yes, please specify the name of each program:

16.2. If yes, plea	ise specify the na	me of each diploma cor	ncentration:	
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